

Letters to the Editor ...

Curing Type 2 Diabetes

Dear Duncan: A year ago I was faced with the same diagnosis of type 2 diabetes as your correspondent from Japan in the latest issue of NEXUS [vol. 14, no. 4].

I was threatened by my doctor that if I didn't follow his advice exactly, I could expect to lose my sight and/or my limbs—if I didn't die of a stroke or heart attack first. He wanted me to take Metformin and possibly insulin, blood pressure tablets and cholesterol-lowering drugs for diabetes that, according to his nurse, was "raging out of control". But if I followed his advice, I could eat whatever I wanted and lead a normal life.

My elderly diabetic neighbour had just died under this doctor's idea of diabetic care and another "star patient" across the road was blind and had part of her foot amputated. I came home, ditched the tablets and switched on the computer.

On the NEXUS website I found a half-remembered article called "The Diabetes Deception" and put its advice into immediate action. Researching those tablets I had thrown away, I discovered that they had been aggravating the diabetes. But this alone was not enough to bring complete sugar control, although it did bring a significant improvement and I knew it might be months before my pancreas healed properly. Further research led me to the Atkins approach to diabetes that severely restricts the carbohydrate portion of the diet to about 40 grams a day. This combination approach was little short of miraculous.

In just days, my fasting sugar dropped from 22 mmol/L to 6 mmol/L and my already blurred vision returned to normal. The awful and very painful peripheral neuritis in my feet disappeared over the next few weeks with the addition of vitamin C and vitamin B complex to help heal the damaged nerves.

I lost five stone [31.8 kg] in excess weight without effort over

the next six months and my blood pressure also returned to normal. I took none of the doctor's recognised medication and finally threw it down the loo where it belonged.

My 40 grams of carbohydrate a day I choose to take in the form of milk and fresh fruit. I can now have the occasional treat, from which my pancreas recovers without being overwhelmed by the experience. I nominate three days a year when I ignore all the rules and eat exactly what I want—including a whopping great portion of double chocolate ice cream! The next day my sugar levels are normal. I have given up rice, wheat, corn and potatoes and no longer miss them. I am never hungry.

What I have learned from this is that type 2 diabetes is an unhelpful and inaccurate diagnosis. Much more helpful is the notion of pancreatic exhaustion following years on a diet of processed carbohydrates. Carbohydrate intolerance is a growing problem because the major food retailers devote most of their shelf space to cheaply manufactured and heavily processed carbohydrates that deliver huge profits and an indefinite shelf life. That, together with the denatured oils and fats they also sell, accounts for the explosion in type 2 diabetes in countries following a typical Western diet.

So thank you, NEXUS! I believe that learning to think outside the box and giving me valuable information from which to start has not only cured my diabetes but probably saved my life.

Beth B., Scotland, UK

Government Uses the Media

Greetings! I have been buying NEXUS (and a few other similar journals) since approximately 1987.

Having served in the military, some of that time on exchange to the US Air Force (within the satellite and communications arena), suffice it to say that most

of what you have published is to a high degree or extent accurate.

The US government, specifically, finances movie studios to make movies that are part truth and part fiction, thus confounding the viewer so they mistake one thing for another. Then if they either read or hear something mentioned that falls outside the sphere of perceived normality, they will argue that it is only a story from a movie and therefore cannot be held true, as it is just some scriptwriter's imagination. So the government and its security agencies use the media as a checkpoint. Thus one third will believe it, another third will refuse to believe it and the final third will sit on the fence, and between the three of these groups they will waste their energy arguing with each other.

And as one wise man once said, "You can only educate intelligent people" who are willing to learn everything they can and open their eyes and ears to what is happening backstage in this theatrical show we are witnessing. It's backstage where the real action is.

Looking forward to more issues in the future.

[Name withheld on request.]

Gravity, Tesla and Censorship

Dear Duncan: When physicists around the world decided to seek funds for the construction of gravity wave detectors, I was amazed how such an idea could have been accepted without anyone questioning the logic of the exercise.

It is obvious that gravity is an acquired phenomenon. Gravity is not something drifting around aimlessly through the Universe.

Gravity around a body in space is a compulsory acquisition which comes about as a result of that body in space having mass (density) and size (capture area). Should that body in space explode, then all the reasons for gravity being there in the first place no longer exist. Therefore, any energies streaming away from that disaster area will not include gravity. Certainly there will be

other energies generated as a consequence of the detonation, and information gathered from our research at the Observatory would indicate that this is indeed the case.

These new energies, on passing through our ionosphere, could cause a small anomaly in the level of gravity that exists around the Earth, and therefore these pulses could then be detected and measured.

So far, no gravity waves have been detected by those instruments, despite the possibility that there must be thousands of explosions occurring at every moment in the Universe.

And on another matter... recently, the ABC radio stations in Australia broadcast a news item about an American scientist claiming to have discovered a means of transmitting electrical power to a small globe, with enough power to run a laptop computer—and without wires! Furthermore, he maintains that others before him succeeded, only with lower powers.

Because of the censorship of scientific discoveries during the last 70 years in the USA, educated academics have learned little or nothing about the history of the most productive and ingenious inventions that were ever conceived during that period. Nikola Tesla was one of those casualties. One hundred years ago, this genius was transmitting huge amounts of electrical current and 10 kW of power at a distance of 42 kilometres.

It begs the question: who in the USA censors and organises the scientific history of the last 100 years on this Earth, and why? Two years ago, I contacted a senior history teacher stationed in a prestigious university in America. She was amazed to discover that Australia was involved in the Second World War! I rest my case.

Regards,

Brian Sallur, Director, Western Australian Radio Observatory, Chittering, WA, <http://members.westnet.com.au/waro/>

... more Letters to the Editor

NB: Please keep letters to approx. 150 to 250 words in length. Ed.

The Sun's Harmonic Intervals

Hi, Duncan: In regard to Julian Kane's article in the June–July 2007 edition [vol. 14, no. 4], "An Unknown Planet Orbits in the Outer Solar System" (in the Science News section), it is stated that "[n]either Titius nor Bode ever explained how the strange numerical progression was derived" (in regard to the numerical progression of Bode's law formula).

There is an answer to this in the work of J. B. Stoneking and his "Stoneking resonance theory", and is referred to in David Wilcock's *Divine Cosmos* e-book. It is also shown that Neptune and Pluto are indeed in their "musical" places. From *Divine Cosmos*:

"In 1962, R. Leighton found that the Sun's surface pulsates regularly, and in the 1970s several groups from Russia and Great Britain confirmed that the Sun oscillated in steady pulses, its surface rising and falling by about three kilometres. This pulsation occurs in various harmonic intervals of a basic unit of time that is exactly five minutes, rising to a maximum value of 160 minutes.

"In his 1998 paper, J. B. Stoneking calculated the wavelengths that were produced by each of the different harmonic intervals that the Sun produces, such as a 5-minute pulse, 10-minute pulse, 80-minute pulse, 160-minute pulse, etc. These wavelengths would be measured as existing at a certain distance from the Sun.

"Calculating the wavelength is a simple mathematical problem that involves the distance that the Sun's surface moves in each pulse (2–3 kilometres), the time it takes to move in each pulse (intervals of five minutes), and the speed that the wave travels, which is the speed of light (186,000 miles per second).

"When Stoneking ran these calculations, he found that there was a planet at the edge of each wavelength he discovered. These 'nodes' in the wavelength were the zones of least pressure, where all

vibrations cancelled out and allowed the planets to form. Furthermore, the entire heliosphere, formed by the Sun's magnetic field, is exactly five 160-minute pulses deep."

In *Divine Cosmos* there are diagrams of this that allow you to visualise it easily, all the way out to the edge of the heliosphere.

Regards,
Troy S., Australia

Justice for Abused Orphans?

Dear Editor: I am one of the Duplessis Orphans survivors from Quebec, Canada. In 1953–54, the CIA, with the participation of the Roman Catholic Church, the Canadian federal government and the provincial government of Quebec, used the orphans as guinea pigs, knowing that nobody would be asking any questions, no one was aware of our existence and, besides, we were all labelled mental retardards—that way, nobody would believe us. As the nuns used to say, "They don't know what they are saying; they are all insane anyway."

I lived this hell for eight long years, listening to the screams, seeing the fear on the others, knowing I was next. There are now some 3,500 survivors left out of over 20,000 children.

Forty-four years after the fact, the Quebec government did admit that "they" had no reasons, legally or medically, to "intern" me at the Mont Providence orphanage/St Jean de Dieu asylum. Nice to have documents.

Pierre S., Vancouver, BC, Canada

Facts and Interpretations

Dear Duncan: I welcome the news that all back numbers will be available online and as a CD [Letters, 14/04]. An overhaul of the server should be good news, though my experience is that there will be a lot more teething problems than you expect.

I have been reading Graham Hancock's book *Supernatural*, in which at one point he notes the theory, proposed by Narby, that

messages have somehow been encoded into our DNA by some agency, and I got a weird feeling when I read in NEXUS that scientists have now stored messages in bacterial DNA ["Long-term Data Storage on Bacteria DNA", Global News, 14/03]. A quick Google search revealed they were not the only ones and probably not the first.

And that is one of the things I like about NEXUS. You present material that would be hard to find, though the *interpretation* of any facts you present is another matter. For example, when you reported plans to put microchips in UK dustbins I was puzzled as to why, till a UK paper revealed the aim was to be able to charge households by the amount of rubbish they put out—a rather more plausible motivation than sheer snooper.

Congratulations on a great magazine, even though I have to repeat to myself "Stupidity is more likely than malice" before reading each article in order not to become paranoid.

Alex, UK but mobile

Death Ray Tragedy

Dear Duncan: An Australian inventor of a "death-ray" device, Charles Sidney Way, was found dead, shot through the heart under mysterious circumstances, on the promenade of an English seaside resort in late 1937.

This man was my father. He was not Australian but English. He made headlines in newspapers at the time as the man who could stop war.

His invention consisted basically of a microwave beam that could stop engines. To tell you the whole story would take more time than I have at the moment. I was two years old when he died, but I gleaned what happened all those years ago from his brothers during a visit to the UK in 1989. In short, he brought down one of Hitler's triple-engined bombers at Manises in Spain, only weeks before he took his life.

My mother eventually admitted

that he was quietly horrified that he had taken the lives of the bomber crew and, in doing so, could be directly responsible over time for the deaths of thousands.

He took the secret of his invention to the grave. There is so much more to it but, as I said, right now I don't have the time to expand on it.

Congratulations on what you've achieved with these web pages. Extremely interesting! For now, cheers and keep up the good work!

Ian Charles Way, NSW, Australia

Hoaxed Second Coming Due?

Dear Duncan: Reliable inside sources claim that Pope Benedict's recent Vatican meetings with US President George Bush and outgoing British Prime Minister Tony Blair were held to finalise plans for faking an event purporting to be the second coming of Jesus Christ.

This appears to be a move by the Christian leaders to avert "a crisis of faith" that the suppressed Fátima message prophesied would cause the demise of Christianity by 2015.

An insider close to the recent meetings claims that the Church's ploy is to project a holographic image into the sky in a Third World country, one showing Jesus to an international TV audience "coming in the clouds", as narrated in the New Testament.

That this is technically possible was graphically displayed at the 2007 grand final of *American Idol* when Celine Dion sang a "live duo" on stage with a brilliant, three-dimensional, colour "holographic" reproduction of the long-dead Elvis Presley.

Duncan, this old adage says it all: "Forewarned is forearmed".

Kind regards,

Tony Bushby

[Tony is the author of *The Bible Fraud and several other related books; his article "The Forged Origins of the New Testament" was published in 14/04. Ed.]*